

# BCL-3 a 'master regulator' of CD4+ T cell dysregulation

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## 1 Introduction

Rheumatoid arthritis (RA) is a disease in which a particular type of immune cell called a CD4+ T "helper" cell is thought to "misbehave" to cause autoimmunity – where "friendly fire" by the immune system damages the body.

As a result RA patients suffer painful inflammation of the joints and irreversible joint damage may occur.

It has been found that a gene called BCL-3 is "switched on" in circulating T helper-cells of early RA patients.

We hypothesise that the resultant high levels of BCL-3 protein could be responsible for causing these cells to misbehave, acting as a 'master regulator' of T helper cell dysregulation.

The aims of this project were to establish whether the over-production of BCL-3:

- Has protective properties over the death (known as apoptosis) of T helper-cells.
- Results in increased production of interleukin 2 (IL-2) which is a signalling molecule produced by T-cells when activated by a pathogenic body, such as a microbial infection.

These experiments could potentially identify BCL-3 as an important target for future RA treatments that might switch off the irreversible consequences of T helper cell misbehaviour.

## 2 Methods

**Cell lines**

- During this research project laboratory experiments were carried out using a Jurkat human T-helper cell line which had been manipulated to over-produce the mouse BCL-3 protein along with green fluorescent protein (GFP). A Jurkat cell line only over-producing GFP, not BCL-3, was used as a comparator control.
- Characterisation of the Jurkat cell lines was carried out using fluorescent microscopy, quantitative real-time PCR, and western blot to look at the expression of BCL-3 at the molecular level as well as at the protein level.

**Cell death**

- Flow cytometry was used to determine the level of cell death (apoptosis) following treatment of the Jurkat cells with a signal (anti-Fas antibody) that causes the cells to die.

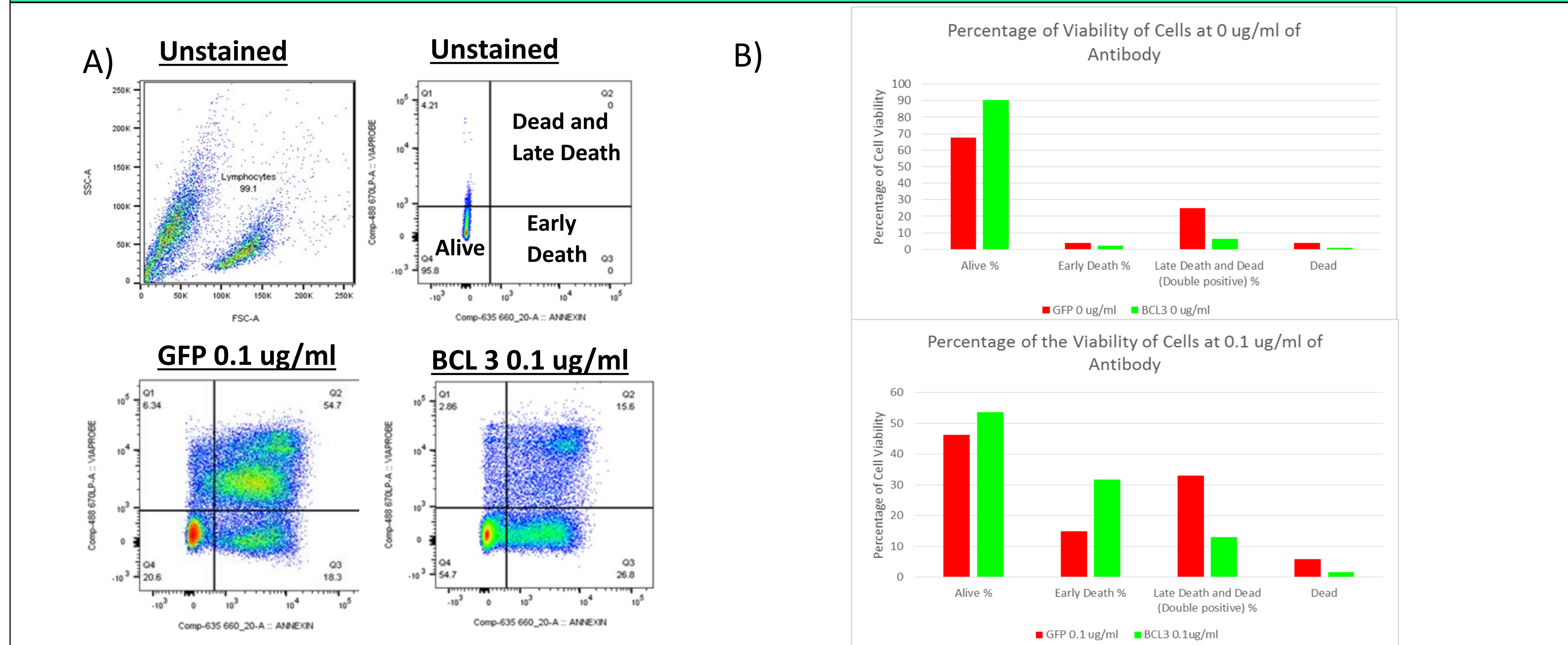
**IL-2 production**

- IL-2 was measured using an ELISA following activation of the Jurkat cells.

Green molecule (an enzyme), attached to the IL-2 Capture antibody and has the ability to cause the yellow molecule (substrate) to emit a colour in relation to the amount of IL-2.

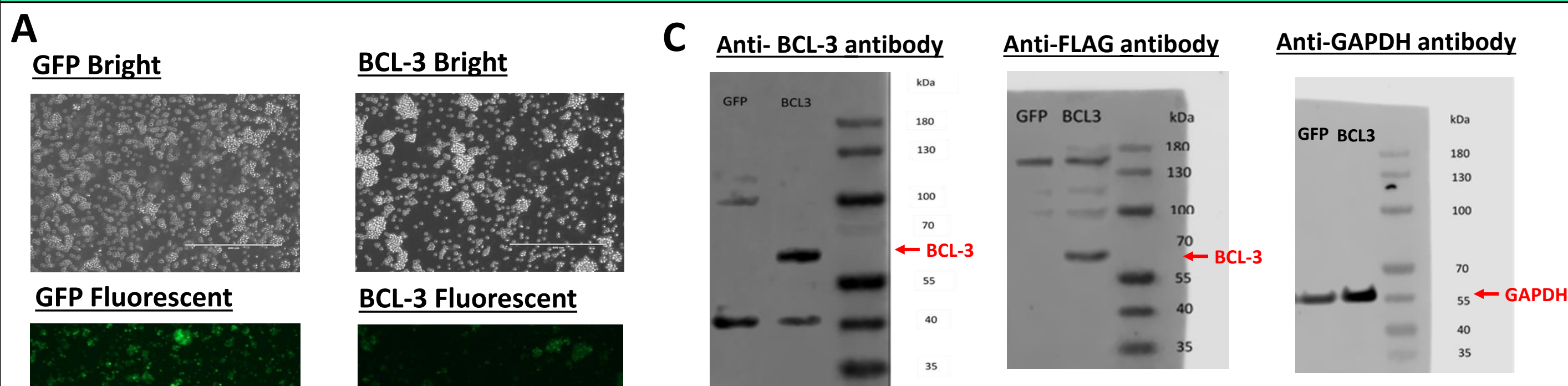
## 4 Results and Discussion 2

### Cell Death



## Results and Discussion 1

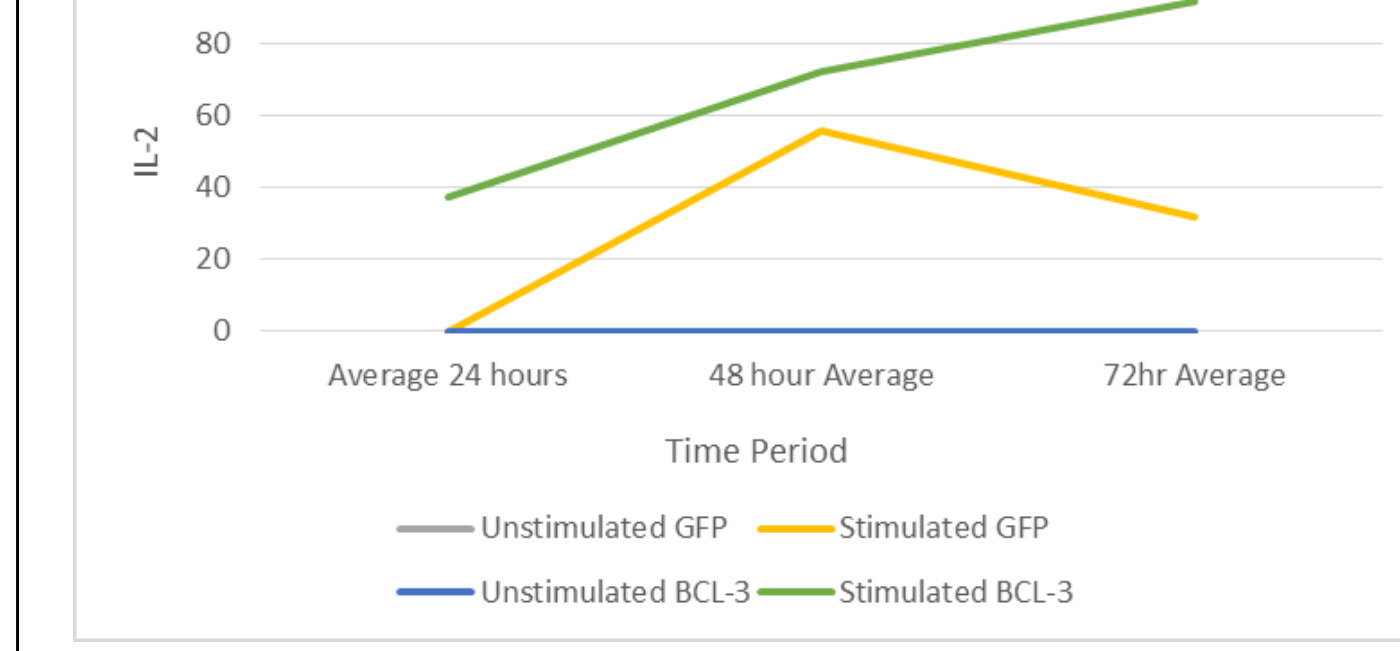
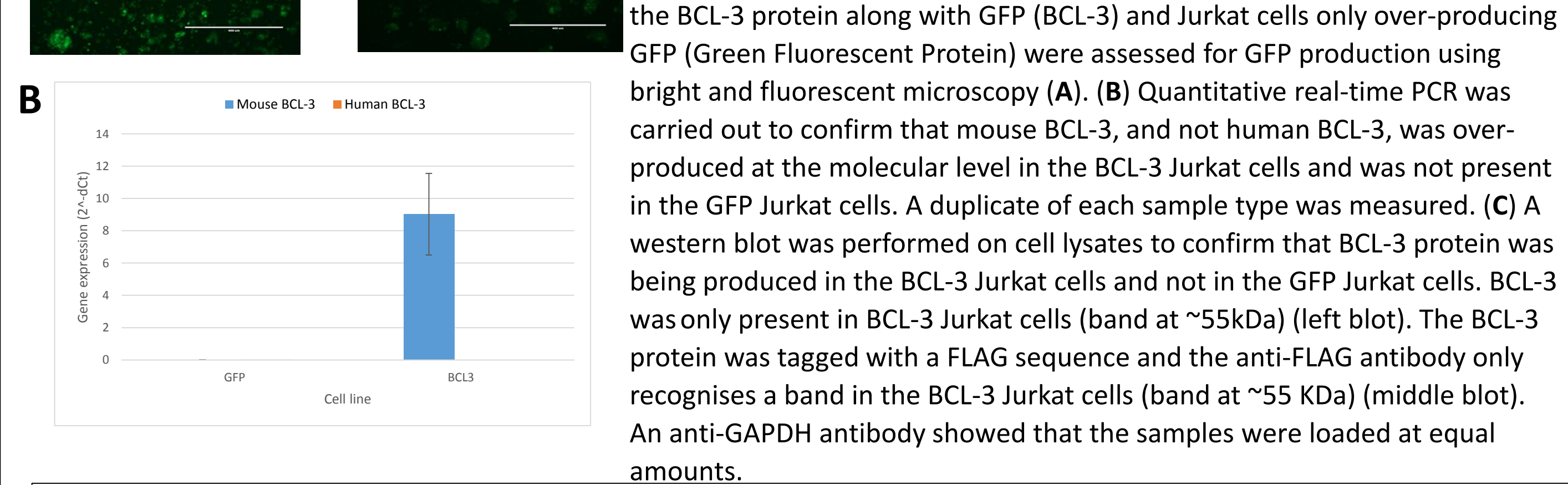
### 3 Characterisation of the cell lines



### Discussion:

- Jurkats over-producing BCL-3 have a greater proportion of cells that are alive and in early death, and less dead cells, compared to the control GFP Jurkat cells.
- This implies that the over-production of mouse BCL-3 in Jurkat cells has protective properties against cell death.

### 5 IL-2 production



**Discussion:**

- The stimulated BCL-3 Jurkat cells produce a greater concentration of IL-2 after 24, 48 and 72 hours, with the greatest difference being after 72 hours.
- Over-production of BCL-3 causes a greater production of IL-2

### Discussion: The BCL-3 Jurkat cell line over-produces BCL-3 at both the molecular and protein level.

### 6 Conclusions

The project has revealed that:

- The over-production of the BCL-3 gene has protective properties over the process of cell death, and this resistance to cell death could contribute to T helper cell misbehaviour.
- Furthermore over-production of the BCL-3 gene causes an increase in the production of IL-2 by T cells, which could also contribute to misbehaviour of the cells.
- Future work - further repeats of the experiments need to be made - further viability experiments need to be carried out for different time periods